



ASSOCIATION OF KENYA MEDICAL LABORATORY SCIENTIFIC OFFICERS

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6th February, 2009

Dear Sir/Madam,

RE: 29TH WORLD CONGRESS OF BIOMEDICAL SCIENCES TO BE HELD IN NAIROBI KENYA FROM 6TH – 10TH JUNE 2010

Association of Kenya Medical Laboratory Scientific Officers (AKMLSO) which is the National Umbrella body representing all Medical Laboratory Scientists in Kenya in conjunction with International Federation of Biomedical Laboratory Science (IFBLS) which is the international body representing all Medical Laboratory Associations in the world will be hosting the 29th world congress of Biomedical Sciences scheduled for June 6th – 10th 2010 at KICC – Nairobi Kenya. This congress is held after every two years.

The purpose of this congress is to promote excellence in biomedical science, enhance professional development, and provide networking opportunities in research, education and business.

Going by the attendance in the last two world congress held in Korea in 2006 and India in 2008, a total of 5000 delegates from all over the world are expected to attend. The delegates will be drawn mainly from the main stream medical fraternity like hospitals, medical research institutions, universities and the medical manufacturing and distributor facilities.

With such a number of international delegates AKMLSO and the congress sponsors stand to gain immensely from this rare opportunity given that this congress is being held in Africa for the first time.

The media, science, health, education, transport, hotel, tourism, trade, banking and many other sectors are poised to reap from the congress windfall.

WELCOME TO KENYA



ABOUT KENYA

Location and Topography

Kenya lies astride the equator on the eastern coast of Africa. It is a medium-sized country by continental standards; covering an area of about 586,600km sq. Inland water bodies cover some 10,700km sq, the bulk of this in Lakes Victoria and Turkana. Kenya has tremendous topographical diversity, including glaciated mountains with snow-capped peaks, the Rift Valley with its scarps and volcanoes, ancient granite hills, flat desert landscape and coral reefs and islets.

No other country on earth can offer the visitor as much to see and do. Within the borders

of a single country, you will find savannahs rich with big game, timeless cultures unchanged by the modern world, pristine beaches and coral reef, equatorial forests and mighty snow-capped mountains, searing deserts and cool highland retreats and endless opportunities for adventure, discovery, relaxation; more than you would ever expect...

Kenya offers the traveller an unparalleled range of options. The incredible diversity of landscapes, cultures, wildlife and activities mean endless opportunities. With so many choices at hand, some people find the prospect of planning a trip quite daunting. It doesn't have to be that way. In Kenya it is very easy to plan and prepare for a safari that is as individual as you are, and that satisfies your own personal needs and interests.

Our Culture

Kenya has a culture born of countless sources. This region has been crossed by the paths of a long and complex history. From the prehistoric records of early man to the present day, Kenya has been a land of unending change, contrasts and diversity

Kenya's Climate

Generally the climate is warm and humid at the coast, cool and humid in the central highlands, and hot and dry in the north and east. Across most of the country, rainfall is strongly seasonal, although its pattern, timing and extent vary greatly from place to place and from year to year. Rainfall peaks in most areas are in November and April.

ABOUT NAIROBI

Kenya's capital city has risen in a single century from a brackish uninhabited swampland to a thriving modern capital.

When railway construction workers reached this area in 1899, they set up a basic camp and supply depot, simply called 'Mile 327'. The local Maasai called this highland swamp Ewaso Nai'beri – the place of cold water.

The camp became a rustic village, and then a shanty town, which by 1907 was the capital of all of British East Africa. It was soon an important centre for the colony and a mecca for adventurers, hunters and travellers from all over the world.

Modern Nairobi is still the safari capital of the Africa, but the modern world has quickly caught up with the city. A frontier town no more, Nairobi has become one of Africa's largest, and most interesting cities.

Nairobi is a city that never seems to sleep. The entire town has a boundless energy, and is thriving place where all of human life can be found. This is a place of great contrasts where race, tribe and origin all become facets of a unique Nairobi character.

The city has not lost its sense of the past, with an excellent museum and the historical home of Karen Blixen, author of Out of Africa open to visitors.

This is not a modern capital separated from the great wilderness that surrounds it. Just outside the city is Nairobi National Park, 113 sq Kms of plains, cliffs and forest. The park is home to large herds of Zebra, Wildebeest, Buffalo, Giraffe and more. Rhino, Cheetah, and a large number of Lions are all found here, living wild within 20 minutes of the centre of town.

Further out of town, the spectacular 27 metre deep 'Fourteen Falls' waterfalls at Thika are perfect for a scenic day trip. Nearby Ol Donyo Sabuk National Park, is centred around an imposing 2,146 metre mountain.

For the adventurous, take an hour's drive from town and you will find white water rafting on the beautiful Tana River.

From the wildlife to the nightlife, Nairobi is a city unlike any other. With a fantastic music scene, excellent international restaurants and an endless and colourful array of shops and markets, there is plenty on offer for the visitor.

Getting There

Nairobi is Kenya's capital and the arrival point for many visitors. The main airport is Jomo Kenyatta International, located 15kms out of the centre of town. JKIA handles both International and domestic carriers. Wilson airport, located 11 Kms outside of the city centre, is the domestic hub for both scheduled and chartered domestic air traffic. Nairobi Railway station is the centre for railway traffic with daily arrivals/departures from Mombasa and Kisumu. There are countless Matatu stands throughout Nairobi, with continuous arrivals and departures throughout the day. Nairobi is the centre of Kenya's extensive bus network, with many bus companies operating to and from destinations throughout the country.

Getting Around

Walking around Nairobi is relatively straightforward, as the city centre is small and accessible. In some areas, there can be a security risk while walking, and it is best to seek local advice before setting out. Taxis are widely available, and convenient however, our recommendation & suggestion is that you use the services of your local Tour Operator transport services as that way, you will be guaranteed of 100% service. (Public Transport) also operates on city routes throughout the day, and is the most popular form of transport for the locals.

For more information visit our website

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We will keep you in updated as from time to time.

Yours faithfully,

Laban Onono

CHAIRMAN MARKETING & PR COMMITTEE