



ASCLS is excited to introduce **ASCLS Voices Under 40**, recognizing our many, talented and committed young professionals under 40 years old. The ASCLS Voices Spotlight honors ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a young age in their professional career. This month we spotlight one of the 2016 ASCLS Shining Voices who was selected from nominations across the country.

Please take a moment to get to know our ASCLS Voices Under 40 Spotlight for the Month, Kristina Martin from Ann Arbor, Michigan!



Kristina is employed by the University of Michigan Health System. She has participated at the state level as President-Elect, soon to be President, District 3 Representative, Awards Chair and Moderator Chair. Professionally, she has participated as a College of American Pathologists (CAP) Laboratory Team Inspector. She has promoted the profession to the public by presenting or publishing articles regarding quality in the laboratory. Kristina has participated in legislative issues that affect laboratorians. She has attended several legislative symposiums on the state and national levels. Kristina does not limit her activities to the profession but also finds time to participate in church, community and civic organizations. She has hosted the Wolverine for Life Volunteer recruiting for blood drives and bone/marrow tissue donors. She is active as a Eucharistic Minister and Religious Education Teacher at St. Joseph Parish. Kristina is also an accomplished tri-athlete. She uses her same commitment for the profession

to achieve personal goals. She completed her first Half-Ironman in 2015. In her own words, "I've raced in triathlons previously for many years, but this was the longest distance I completed to date. The race in total is 70.3 km which includes a 1.2 mile swim, 56 mile bike ride and finally a 13.1 mile run. It wasn't so much the day of the race that I am most proud of, but rather the months of commitment it took me to get to that point."

One of her nominators wrote: "My observations, from attending the ASCLS-MI board meeting, she uses her leadership skills to encourage members to become more active. Her passion and enthusiasm for the profession and the society have always shown through her involvement in the society. Every year, she takes on more responsibility and utilizes her skills to better the society. "

When asked what her motivation for being actively involved in ASCLS is, Kristina replied: "My motivation for staying active in ASCLS is to identify an outlet for networking and collaborating with other laboratorians at other institutions...Without being involved in ASCLS, I would be living in a bubble

without access to people, tools, and resources that are essential to expanding my knowledge and contribution to the profession.”

Congratulations Kristina on your selection as an **ASCLS Voice Under 40**. You are a shining voice for ASCLS and for the Medical Laboratory profession.