

ASCLS Mission:

The mission of ASCLS is to make a positive impact in health care through leadership that will assure excellence in the practice of laboratory medicine.



**Your Safety and Service Experience
Are Important To Us!**

Laboratory Patient Safety Tips:

Personal Coumadin INR Tracking





Your doctor has prescribed Coumadin (also called warfarin) to prevent blood clotting. For Coumadin to be safe and effective, you must follow the dosage instructions and have your blood tested as ordered by your care provider. The laboratory test used to monitor your Coumadin level is called the “prothrombin time with international normalized ratio” (PT/INR), often referred to as INR.

Need more information on laboratory testing?
 Visit:
www.labtestsonline.org

- The target result for INR is usually between 2.0-3.0 or sometimes 2.5–3.5. Consult with your care provider to identify which target results apply to your condition.
- An INR below 2.0 or above 4.0 may indicate you are at risk for clotting or bleeding. Consult with your care provider to identify a result that requires contacting them if they have not contacted you.

If you did not receive instructions for taking Coumadin or have questions on this medication, please contact your care provider.

Be sure your laboratory professional correctly identifies you before your testing.



My Laboratory INR Testing Record:

**My INR result should be between _____ and _____
 I should contact my care provider if my INR is below _____ or my INR is above _____**

Date	Laboratory	INR Result
<p>You can request your INR test results directly from the laboratory. Record your INR results above.</p>		