ASCLS is excited to introduce the ASCLS Voices Under 40, a monthly recognition of one of our many, talented and committed young professionals under 40 years old. The ASCLS Voices Spotlight has been developed to honor ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a younger age in their professional career. Each month we spotlight one of the Shining Voices who were selected from many nominations across the country.

Please meet Alexandra Nussbaum, MLS (ASCP)CM from Minneapolis, MN.

Alexandra currently works in the Microbiology Laboratory and Laboratory Information Systems Department at Hennepin County Medical Center. In her role in the Microbiology Department, she is actively involved in routine laboratory testing, and also performs validation and verifications of new instrumentation coming into the laboratory. In the LIS, she plays an active role in microbiology-related projects such as new test builds, instrumentation implementation and interfacing.

Alexandra has served as the Ascending Professional Forum secretary, the Political Action Committee Secretary, as well as other national and state positions. When asked what her motivation for actively being involved, Alexandra responded that her “involvement grows as I watch the dedicated members of the organization do amazing work on behalf of the profession. Like so many others I want to see recognition of my profession, fair treatment of the profession, and to have the same opportunities for members of the profession as others in the healthcare field. Therefore, this was an easy and logical way to support a very meaningful cause in an active way. The people I have met throughout my five years in the organization help keep me extremely motivated and I am always the most motivated following any gathering like conferences or meetings. Watching others dedicate their time and energies to something I value drives me to want to do more”.

Alexandra’s favorite personal accomplishment within ASCLS occurred while she was serving as the Government Affairs Committee (GAC) liaison for the ASCLS-WI Board of Directors. When she learned that the GAC chair had not begun to plan the Legislative Symposium event, Alexandra took action and successfully arranged six appointments with Wisconsin representatives, in which four professional members attended the event, and organized all the materials necessary for all attendees. Following the event, she ensured all attendees submitted delegate
reports and received reimbursed from ASCLS-WI. Based on these efforts, the event was highly successful and effective.

Outside of ASCLS, Alexandra’s proudest achievement is becoming and being a level two coach for Special Olympics (So) in seven sports. She has been volunteering for SO since 2010, but in 2016 she joined a predominately kids team out of St. Paul, Minnesota. Through this activity, she has developed skills as a coach and as a leader through participation and coaching classes. Alexandra states that she “takes great pride in coaching and I have enjoyed watching my kids grow up over the last four years.”