



ASCLS is excited to introduce the ASCLS Voices Under 40, a monthly recognition of one of our many, talented and committed young professionals under 40 years old. The ASCLS Voices Spotlight has been developed to honor ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a younger age in their professional career. Each month we spotlight one of the Shining Voices who were selected from many nominations across the country.

Please meet Abbey Wichman, MLS (ASCP)<sup>cm</sup> from Lewistown, Montana.

Abbey is employed by Central Montana Medical Center as the Laboratory Manager. She manages about 11 FTE's and claims "she leads the Best Team Ever!" Abbey is responsible for compliance, scheduling, budget, proficiency and numerous other managerial tasks. With Central Montana Medical Center being a 25 bed critical access hospital, Abbey is also involved in several committees such as: Antibiotic Stewardship, Emergency Preparedness, ER, Surgical, Blood Management, Safety, HCAPS, and Quality Improvement. Abbey said in her application, "I am proud of the role I have within the facility and truly believe the lab and I are continuously instituting a positive change within the organization."



Abbey serves ASCLS in many capacities and is inspired to spread awareness of the laboratory profession. She even mentioned that her ASCLS Montana members really feel like family. Abbey is currently serving on the Region VIII Council as the IMSS 2018 General Chair and in the Montana Society as the ASCLS-MT P.A.C.E chair. At the 2018 National Convention Abbey graduated from the Region VIII Leadership Academy. In the past Abbey has served Region VIII as the IMSS programs and sponsorship Co-chair and Montana as the Nominations Committee District III chair.

When asked what her best personal accomplishment within ASCLS was, she responded with: "Receiving the Key to the Future Award. I was very surprised at how it inspired me to become more involved in ASCLS."

Abbey was given glowing recommendations for the ASCLS Voices Under 40 Award. Here is what one of her nominators had to say. "Abbey is an important part of the Region VIII Leadership Academy Class of 2018 representing Montana! Her commitment to leadership is evident. Abbey has attended many meetings at the State, Regional, and National level. Her enthusiasm for the networking, learning and social opportunities provided by ASCLS is infectious, and she recruits with a passion."

Outside of ASCLS, Abbey would say her greatest achievement is her daughter, Maybel. She does not take child rearing lightly, and hopes to mold her daughter into a bright young woman. She feels very blessed to have her daughter and enjoys watching her grow. One day Abbey hopes her daughter will change the world for the better.